Your abstract has been scheduled in a poster session during the 6th International Congress on Vegetarian Nutrition. By facilitating informal discussions between presenters and their audience, poster sessions provide a more intimate forum for exchange than do regular paper presentations. Ideally, a well-constructed poster will be self-explanatory and free you from answering obvious questions so that you are available to supplement and discuss particular points of interest. Successful poster presentations are those that achieve both coverage and clarity.

**Coverage**

Have you provided all the obvious information? Will a casual observer walk away understanding your major findings after a quick perusal of your materials? Will a more careful reader learn enough to ask informed questions?

In addition to a title/author label and abstract, most successful posters provide brief statements of introduction, method, subjects, procedure, results and conclusions. Ask yourself, "What would I need to know if I were viewing this material for the first time?" And then state the information clearly.

**Clarity**

Is the sequence of information evident? When necessary, indicate the ordering of your material with numbers, letters or arrows. Is the content being communicated clearly? Keep it simple. Place your major points in the poster and save the non-essential, but interesting sidelights for informal discussion. Be selective. Your final conclusions or summary should leave observers focused on a concise statement of your most important findings.

**Guidelines**

Stand mounted poster boards with cork surfaces will be provided by ICVN and placed in the designated hall. Your place among the poster boards will be indicated by the number listed next to your abstract in the 6ICVN Program, e.g. 101, 201, etc. Thumbtacks will be available in the room.

Participants should plan to place their materials on the poster board between 2:00 and 5:00 PM, Sunday, February 24th. Materials must be removed from the poster board at the end of the conference, 6:00 PM, Tuesday, February 26th.

Presenters must be in person at the poster session to answer any questions from 7:00-8:30pm on Sunday, February 24th.

We recommend providing at least 50 copies of your complete paper for distribution to interested persons. Copies of your paper and all illustrative materials must be prepared by you before the conference.

Electrical outlets, projection equipment and tape recorders will not be provided in the poster session room. All graphics are to be displayed on the poster board. You may find it useful to have

**Poster Requirements**

The poster board surface area is 42” (1.06 m) in height and 56” (1.42 m) in width. Prepare a 6-inch high headline strip at the top of your poster that includes (a) the title of your paper and (b) the author(s) and affiliations. The lettering for this section should not be less than 1” (2.54 cm or 72 point) high. A copy of your abstract (300-words or less), in large typescript, should be posted in the upper left-hand corner of the poster board. Avoid abbreviations, acronyms, and jargon. Use color, if it helps the presentation.

All other information should be included in graphs and tables, and should cover more than 50% of the poster area. If illustrations are few, make them large, ensuring spatial balance between illustrations and words. Bear in mind that your illustrations will be viewed from distances of 3’ (113 cm) or more. Do not mount illustrations on heavy board because these may be difficult to keep in position on the poster board. All lettering should be at least 3/8” (.95cm or 27 point) high, preferably in bold easily readable font. Be sure to provide a clear label for each section of your poster.

Need your poster printed? We can help! The School of Public Health’s Health Geoinformatics Lab is offering a special printing rate of $81 for all 42” x 56” 6ICVN posters. For more information, please call 909-558-8072.

**Summary**

- Set up poster between 2:00 & 5:00 PM, Sunday, Feb 24th
- Prepare title/author label with lettering at least 1” (2.54 cm or 72 point) high for the top of your poster space
- Prepare an abstract (300-words or less) with lettering at least 3/8” (.95cm or 27 point) high for the upper left-hand corner of your poster
- Indicate clearly the sections and sequence of your materials. Keep it simple.
- Remove poster by 6:00 PM Feb 26th
- If you have any questions or concerns regarding your poster presentation feel free to contact Tara Johnson by email at TaJohnson@llu.edu or phone at (909) 558-4595.